

SLC Youth Committee Meeting Minutes

Wednesday, April 21, 2021

Meeting called to order: 4:03 pm

Attendance: Amanda Woods, Andrew Demers, Isabelle Vaccaro, Nicole Terminelli, Rebekah Zuhlsdorf, Alexa Backus

- Approval for March Meeting Minutes (Motion to approve: Andrew Demers, Second: Amanda Woods) – Motion Passed
- **SLC Connecting Youth and Seniors: A Pen Pal Program (Update)**
 - Up and running successfully. Letters are coming into Youth Bureau every day.
 - Approximately 57 paired pen pals.
- **SLC Youth Committee Environmental Projects (Update)**
 - Drew PowerPoint presentation – Reducing your Carbon Footprint in St. Lawrence County
 - Thursday, April 29th 7:00 pm
 - All member participation strongly encouraged
 - Andrew feels confident with his presentation, we have received 7 registrations so far. Alexa suggested adding engaging questions to workshop.
- **2021 Trash Dash 5K (Update)**
 - Safety training and review
 - Alexa presented safety training to members on the meeting. Amanda states she will be comfortable helping Pam Lewis onsite at the trash dash
 - Cole Siebels, Thank you, for awesome TV interview with ABC 50
 - Hershey's Young Heroes Global Service Day Grant \$250-Received
 - Date – April 24th and 25th
 - Gouverneur, Potsdam, Canton, Ogdensburg, Massena
- **Public Health "I GOT COVID 19 VACCINATED BECAUSE..." Initiative (New)**
 - Question: What message do you need, as youth, to get vaccinated?
 - Andrew states he plans to get vaccinated. Amanda has her first done and she added that she knows Isabelle is fully vaccinated.
 - Concerned that youth under the age of 18 still have to have an adult present with them to give consent for the vaccine. Even if youth wants to be vaccinated maybe the parents do not want them too.
 - Message?
 - That is large amount of youth get vaccinated hopefully we will be able to get back to normal.
 - It is safe, don't be skeptical, get educated.
 - PSA's
 - Amanda, Andrew and Isabelle would be willing to help with a PSA.
- **Coming up in May...**
 - Youth Needs Assessment Grades 5-12 May 3rd-21st
 - Please complete and support your peers to do so too
 - Two Virtual Town Hall Meetings
 - One for Youth Only
 - One for Parents and Community Members only
 - A conversation and time to listen to youth, and adults, about mental health, depression, suicidal thoughts, bullying, and feelings of loneliness and isolation

- Andrew thinks this is a good idea. He asked, “If there is a lot of people, how would we organize it?”
 - Alexa asks, “Is there certain topics that should be addressed?” “What are you guys hearing?”
 - That youth are overwhelmed with school work and becoming busier with extracurricular activities now.
 - Alexa adds, if you’re available for the time to please consider helping and speaking at the meeting. She will also have a mental health counselor help facilitate the meeting. It will primarily be a youth led discussion with breakout rooms to speak more privately.
 - Two Virtual Workshops on Cyberbullying
 - One for Youth
 - One for Parents
 - Nicole provided feedback to look into Common Sense Media.
- **Coming up this summer**
 - Summer youth employment opportunities
 - Possibly planning and organizing a support peer group at all high schools.
 - Revamp and restructure county tour, make it virtual
 - Be employed the months of July and August
- **Meeting Wrap Up**
 - Review actions to be taken
 - Next Meeting Wednesday, May 19, 7:00 pm
 - Meeting adjourn at 4:48 pm