

SLC Youth Committee Meeting Minutes

Wednesday, January 20, 2021

Meeting called to order: 4:05 pm (Motion: Drew, Second: Dee)

Attendance: Amanda Woods, Abby Hughes, Cole Siebels, Alexa Backus, Ellen Hurlbut, Rebekah, Drew, Emma Rutley, Isabelle Vacarro, Mattie Lomoglio, Dee, Nicole Terminelli

- COVID-19 Holiday Safety Video was received well!
- Mask Design Fundraiser: \$28 raised
- Tim Frick's Cover Your Beak orders: concerns from family, got it figured out, received thank you from Tim Frick's family
- "It's Your Task to Wear a Mask" Initiative was a success!
- Collegiate-Level Sports Outreach Program:
 - Club sports, DIII, DII, DI
 - Registration form in March/April
 - Goal: get high schoolers connected with collegiate-level athletes
- Vision Board Workshop: January 7, 2021, Positive feedback, five participants
- Cornell Cooperative Extension: Workshop for Grades 3-6, healthy valentine snacks, virtual format
- Valentine's Card Drive for the local elderly population, similar to holiday card drive
- Office for the Aging, pen pal program, confidentiality, write letters to avoid screen time burnout!
- New Member Introductions: Mattie Lomoglio and Isabelle Vacarro
- Environmental Management Council: small business owners, organics to trees, always looking for education in the youth, mindfulness
 - Energy and Economy Green Committee, resetting goals with a new vision statement
 - Invasive Species Committee, work with the planning office
 - Watershed Committee, encompassing Franklin and St. Lawrence County
- Earth Book, Progressive Green New Deal, huge change across the country from a federal standpoint
- Local government level change is important
 - solar panels for clean energy
 - promote farmer's markets and local organic agriculture practices
 - Support clean energy alternative companies in St. Lawrence County
 - supporting carbon-neutral businesses
- Cole: Concerned with habitat conservation: Illegal hunting practices, Blue Heron, Pollution
- Abby: Virtual Clean-Up Week: Earth Day April 22nd
 - Connect it back to community organizations (If prizes, support carbon-neutral businesses)
 - Drew and Cole will give a report from the meeting
- Wednesday, February 24th, Doodle Poll a couple of weeks ahead
- Narrow down formal Youth Committee members (many listed don't attend meetings)

Meeting Adjourned: 4:51 pm

SLC Youth Committee Meeting Minutes

Wednesday, February 24, 2021

Meeting called to order: 4:03 pm

Attendance: Abby Hughes, Alexa Backus, Drew, Amanda Woods, Cole Siebels, Ellen Hurlbut, Emma, Hailey Williamson, Nicole A. Terminelli, Rebekah Zuhlsdorf, Adam Simmons

- Approval for January Meeting Minutes (Motion to Approve: Drew, Second: Hailey Williamson) - Motion Passed
- Adam Simmons - Director of SLC Bureau of Weights and Measures
 - email: adamsimmons@stlawco.org
- Cornell Cooperative Extension - Healthy Snacks
 - About 20 students participated
 - 3rd to 8th grade age group
 - Ideas or Suggestions for future workshops for older age groups
- Office for the Aging - Valentine's Day Card Drive
 - 3,000+ Cards Collected!
 - even more successful than Holiday Card Drive
 - Watertown Daily Times interviewed Junior about 300+ cards made with mom
- Office for the Aging - Pen Pal Card Drive
 - Senior citizens and student pen pal communication
 - Intergenerational connection, especially through the isolation of the pandemic
 - Classroom interest - four different teachers with multiple classes
 - Each student matched with seniors
 - Working harder to get seniors involved, youth interest is there already
 - Safety Measures:
 - Everything streamlined through SLC Youth Bureau
 - Online registration
 - Anonymous communication
 - Spread the word! Tell friends and family about this great opportunity
- Environmental Management Council (EMC) thought Trash Dash Environmental Clean-Up Challenge was a great idea
 - Pat Whalen - Chair of Conservation of Resources,
 - Upcoming meeting date and contact information will be provided soon
 - Partnering for Earth Day and EMC 50th Anniversary
- Drew - Slides Presentation - Reducing Carbon Footprint in SLC
 - EPA Carbon Footprint Calculator - personal improvement in terms of modes of transportation, homes, and products
 - Transportation: reduce using personal vehicles; carpool, bike, take public transportation when possible
 - Home: shut off lights, turn off electronics when not in use, dry clothes outdoors in

summer; power bills will be cheaper as well

- Clean Energy: Alternative energy options in SLC, links provided on slide

SLC Youth Committee Meeting Minutes Wednesday, March 24, 2021

Meeting called to order: 4:03 pm

Attendance: Abby Hughes, Alexa Backus, Drew, Amanda Woods, Cole Siebels, Emma Rutley, Nicole A. Terminelli, Rebekah Zuhlsdorf, Adam Simmons, John Tenbusch, William Eckert

- Approval for February Meeting Minutes (Motion to Approve: Cole Siebels, Second: Drew) - Motion Passed
- Guest Leandra Smollin from SUNY Potsdam Sociology Department
 - Recruiting for a study with rural youth (interviews)
 - Text Anna: 315-400-0478
 - Email Leandra: smollilm@potsteam.edu
 - Visit: <http://bitly.ws/9QFd> for more information
 - Research to make teens feel like their voices are heard in the community in terms of politics and activism
 - Spread the word, looking to talk with teens aged 14 to 18
 - Policies and procedures in place for confidentiality
- Guest John Tenbusch: Willing to work with youth committee on Trash Dash
 - Environment Management Company (EMC) 50th Year Anniversary
 - Creative suggestions and ideas for collaboration
 - Green Star “Environmentally Ethical” Business Potential Ad Campaign
 - Email: jtenbusch@stlawco.org
- Drew: Reviewed “Reducing Your Carbon Footprint in St. Lawrence County” slides presentation
 - Agriculture and Farmland Development Program
- Guest William Eckert: Adult Program Coordinator for the Potsdam Public Library
 - Reaching younger folks in the community
 - Email: weckert@potsteamlibrary.org
- Pen Pal Program
 - Looking for older population seniors, as well as youth
- Trash Dash Planning
 - Cole: Applied for and Receiving \$250 Hershey’s Global Service Day Grant
 - Weekend of April 24th and 25th, potentially three-hour limit
 - Shift to Adopt a Highway Program
- Condensing liability
- Keeping safety in mind
- Supplying safety gear and trash bags, bottled water, snacks, maybe work gloves
- Five locations (waiting to hear from Gouverneur and Potsdam on parking)
 - Online registration form will be released as soon as exact parking locations are known
 - Saturday: Gouverneur, Canton, Potsdam, and Sunday: Ogdensburg, Massena
 - Asking for adult volunteers at Youth Advisory Board tomorrow, Safety training necessary
 - COVID safety precautions, Photo release authorization

- Abby and Alexa: Trash Dash Logo Option C won the meeting vote!
- Meeting Adjourned: 5:09 pm

SLC Youth Committee Meeting Minutes

Wednesday, April 21, 2021

Meeting called to order: 4:03 pm

Attendance: Amanda Woods, Andrew Demers, Isabelle Vaccaro, Nicole Terminelli, Rebekah Zuhlsdorf, Alexa Backus

- Approval for March Meeting Minutes (Motion to approve: Andrew Demers, Second: Amanda Woods) – Motion Passed
- **SLC Connecting Youth and Seniors: A Pen Pal Program (Update)**
 - Up and running successfully. Letters are coming into Youth Bureau every day.
 - Approximately 57 paired pen pals.
- **SLC Youth Committee Environmental Projects (Update)**
 - Drew PowerPoint presentation – Reducing your Carbon Footprint in St. Lawrence County
 - Thursday, April 29th 7:00 pm
 - All member participation strongly encouraged
 - Andrew feels confident with his presentation, we have received 7 registrations so far. Alexa suggested adding engaging questions to workshop.
- **2021 Trash Dash 5K (Update)**
 - Safety training and review
 - Alexa presented safety training to members on the meeting. Amanda states she will be comfortable helping Pam Lewis onsite at the trash dash
 - Cole Siebels, Thank you, for awesome TV interview with ABC 50
 - Hershey's Young Heroes Global Service Day Grant \$250-Received
 - Date – April 24th and 25th
 - Gouverneur, Potsdam, Canton, Ogdensburg, Massena
- **Public Health "I GOT COVID 19 VACCINATED BECAUSE..." Initiative (New)**
 - Question: What message do you need, as youth, to get vaccinated?
 - Andrew states he plans to get vaccinated. Amanda has her first done and she added that she knows Isabelle is fully vaccinated.
 - Concerned that youth under the age of 18 still have to have an adult present with them to give consent for the vaccine. Even if youth wants to be vaccinated maybe the parents do not want them too.
 - Message?
 - That is large amount of youth get vaccinated hopefully we will be able to get back to normal.
 - It is safe, don't be skeptical, get educated.
 - PSA's
 - Amanda, Andrew and Isabelle would be willing to help with a PSA.
- **Coming up in May...**
 - Youth Needs Assessment Grades 5-12 May 3rd-21st
 - Please complete and support your peers to do so too
 - Two Virtual Town Hall Meetings
 - One for Youth Only
 - One for Parents and Community Members only
 - A conversation and time to listen to youth, and adults, about mental health, depression, suicidal thoughts, bullying, and feelings of loneliness and isolation

- Andrew thinks this is a good idea. He asked, “If there is a lot of people, how would we organize it?”
 - Alexa asks, “Is there certain topics that should be addressed?” “What are you guys hearing?”
 - That youth are overwhelmed with school work and becoming busier with extracurricular activities now.
 - Alexa adds, if you’re available for the time to please consider helping and speaking at the meeting. She will also have a mental health counselor help facilitate the meeting. It will primarily be a youth led discussion with breakout rooms to speak more privately.
 - Two Virtual Workshops on Cyberbullying
 - One for Youth
 - One for Parents
 - Nicole provided feedback to look into Common Sense Media.
- **Coming up this summer**
 - Summer youth employment opportunities
 - Possibly planning and organizing a support peer group at all high schools.
 - Revamp and restructure county tour, make it virtual
 - Be employed the months of July and August
- **Meeting Wrap Up**
 - Review actions to be taken
 - Next Meeting Wednesday, May 19, 7:00 pm
 - Meeting adjourn at 4:48 pm

YOUTH ADVISORY BOARD

Youth Committee **MEETING NOTES-Wednesday, May 19th2021- 7:00 pm**

Via ZOOM

MEETING MINUTES

Present:

- **Ms. Alexa Backus**-SLC Youth Bureau Director
- **Ms. Ellen Hurlbut**-St. Lawrence Health Initiative
- **Amanda Woods**-Youth, Colton Pierrepont Central
- **Hailey Williamson**-Youth, Potsdam High
- **Andrew Demers**-Youth, Heuvelton Central
- **Isabelle Vaccaro**-Youth, Colton Pierrepont Central
- **Mattie Lomoglio**-Youth, Potsdam High

Meeting Opening

- Called to Order at 7:05 pm
- Approved 4/21/21 Meeting Minutes
 - ✓ Amanda motioned to approved, Hailey 2nd , motion passed

New/Old Business & Updates

SLC Youth Committee Environmental Projects

- Drew presented *Reducing Your Carbon Footprint in St. Lawrence County* on Thursday, April 29th
- Drew commented that he was very satisfied with attendance and felt attendees took away some good tips
- 34 attendees, great job-Alexa commented it was great to see Heuvelton showing up to show their support for Drew's efforts including the high school principal, teachers, and students. Students received extra credit for attending. Alexa also commented that it would be great to see other schools supporting our initiatives and even offering incentives for students to attend.
- Youth Committee member attendance
 - ✓ Alexa commented that no youth committee members participated in this event and recommended that we support one another's efforts.
- Moving forward-other EMC opportunities
 - ✓ Alexa emailed John Tenbusch for feedback about EMC's plans to celebrate their 50th Anniversary and continued partnership ideas

- ✓ Alexa will keep us posted on the feedback and welcome Youth Committee to think of other environmentally friendly projects or initiatives. What's next? Alexa recommended Youth Committee to revisit this in June.

2021 Trash Dash 5K Feedback

- April 24th and 25th – 86 participants/including 56 youth
- Feedback-Amanda commented that it was an eye-opening experience to see the amount of garbage that was collected and the frustration that people are so careless about littering. She enjoyed being part of a smaller group in Potsdam because it was easy to manage.
- Alexa added that Gouverneur was a very large group and appreciated the support from Adam Simmons and the Gouverneur National Honor Society chaperone, Marcy Tyler, GHS Guidance Counselor. With Adam and Marcy overseeing the group, trash pick-up ran smoothly.
- Alexa also commented that feedback was very positive and it's something we could consider next year. Great job, everyone!
- Hershey's Young Heroes Global Service Day Grant
 - Final Impact Report completed on Friday, May 14th by Alexa

Public Health "I GOT COVID 19 VACCINATED BECAUSE..." Initiative

- Question: What message do you need, as youth, to get vaccinated?"
- PSA Video and volunteers
 - ✓ Amanda and Isabelle taped a PSA together. Amanda is working on editing it before submitting to Youth Bureau. Alexa also stated she would email Amanda a photo-release for parents to sign of any students in the video. Thank you, Amanda!
 - ✓ Both Amanda and Mattie will complete the poster "I GOT COVID VACCINATED BECAUSE..." and take a picture of themselves holding the sign. This will be used on Facebook and Instagram. They will email it to Alexa.
- Q&A Ask Dr. Williams flyer posted on Facebook and Instagram
 - ✓ Alexa encouraged Youth Committee members to read over the flyer and look at Dr. Williams' responses. The responses are very helpful informing other teens about the COVID vaccine.

May Events

- **Youth Needs Assessment Grades 6-12 May 3rd-21st**
 - Please complete-Alexa encouraged everyone to complete the survey if they haven't done so
 - Peer completion-have you asked your friends to complete the survey?
 - ✓ Alexa asked about how it's been received. Mattie, Amanda, and Hailey all had peers completing it.
 - This Friday, May 21st is final day to complete-Alexa asked that everyone does a final push to get as many teens to complete the survey by Friday. She emphasized that the results are used in making decisions about future teen programming in the county.
- **Virtual Town Hall Meetings**
 - One for YOUTH ONLY-How are YOU? Reducing the stigma of mental illness
 - One for Parents and Community Members Only-HOLD
 - Conducted on Wednesday, May 12th at 7 pm

- ✓ Feedback was very positive. Amanda stated she felt attendees all benefitted from the workshop. She appreciated the feedback other teens were providing during the meeting. Drew stated he felt he learned a few things and felt really good about the whole experience. He recommends that the Youth Committee continues to offer these workshops.
- ✓ Alexa also added that we helped a participant from Lisbon and it was great to see the participant asking about the next meeting. Alexa added that some youth emailed after the meeting started about last minute attendance. She knows there's interest and emphasized May has been a very busy month to try to offer meetings and workshops. Everyone agreed that offering it again after school starts in the fall like September or October. She also encouraged Youth Committee members to consider receiving training and offering to facilitate future workshops since Drew and Abby are both graduated. Let Alexa know if you are interested.
- **Two Virtual Workshops on Cyberbullying-HOLD**
 - One for Youth
 - One for Parents
- ✓ Alexa added that May is "Get Caught Reading Month" and asked that we submit a photo getting caught reading or a video read along to a younger student or even reading a small paragraph passage from a favorite book or poem. She strongly encourage Youth Committee participation! She will use this on Facebook and Instagram.

COMING UP THIS SUMMER

- **Summer Youth Employment Opportunities**
 - Summer Youth Intern Vacancy approval set for June 7th Legislative meeting
 - ✓ Alexa will post job opening after June 7th final approval. She said the Youth Bureau will be hiring 4-5 summer youth interns to help with social media and newsletter content, revamping and restructuring County School Tours, and researching Teen to Teen Mentor program for high school students during the school year. Hours will probably be structured Monday-Friday (or Thursday) 9 am to 1 pm and run about 6 weeks.
 - ✓ Drew asked about application process. Alexa answered that teens will have to apply and be interviewed for hire.
- **Monthly Newsletters**
 - Interest in article or artwork submission?
 - ✓ Alexa asked if anyone is interested in submitting an article for the June newsletter. She also welcomed us to ask our friends, especially teens interested in journalism, to write newsletter content. Let Alexa know if you would like to submit anything.

Meeting Wrap Up

- Review actions to be taken
 - ✓ Amanda to receive photo release for her friend who was taped on the vaccine video. Amanda to edit the PSA and submit to Alexa. Amanda and Mattie taking a picture with the "I got Vaccinated" poster and submit to Alexa.
- Next meeting **Wednesday, June 16th**
- Time will be determined via Doodle Poll week of June 1st
 - ✓ Drew added that he's planning to continue contributing to our monthly meetings until he leaves for college in August.
 - ✓ Alexa also noted that we will honor Drew and Abby's graduation during our June meeting.

- Meeting adjourned at 7:41 pm

SLC Youth Committee Meeting Minutes Tuesday, June 16, 2021

Meeting called to order: 4:04 pm

Attendance: Abby Hughes, Alexa Backus, Drew, Amanda Woods, Cole Siebels, Isabelle Vaccaro, Nicole A. Terminelli, Rebekah Zuhlsdorf, Adam Simmons, Mattie Lomoglio

Approval for February Meeting Minutes (Motion to Approve: Drew, Second: Amanda) - Motion Passed

- Congratulations to graduating seniors - Drew and Abby
- Public Health "I GOT COVID-19 VACCINATED BECAUSE..." Initiative
 - Amanda and Isabelle created PSA video
 - Released on our YouTube channel and Facebook page on June 3rd
 - Mattie's Facebook & Instagram posts on her 1st and 2nd vaccination doses.
 - Members can continue to submit vaccine content for upcoming press releases
- Youth Development Program RFP (Request of Proposal) issued last week
 - Applications due July 30th
 - YAB committee members review and approve programs for funding
 - Using Needs Assessment survey results to offer most valuable programming
 - Press releases, announcements, radio interview, and emailing contact
 - Encouraging grant applicants to spend time on Need Assessment Survey results
 - 696 youth took the Needs Assessment Survey in total, very successful
- Summer Youth Interns, 4-5 SLC job openings
 - Applications due Monday, June 21st
 - Interviews start the week of June 21st
 - Employment dates July 12th - August 20th (approx.)
 - Monday - Thursday, 9am - 2:30pm (approx.)
 - \$13.50/hour salary
- Monthly Newsletter Content, July article due to Youth Bureau no later than July 1st
- Upcoming in September: SLC Suicide Coalition Partnership
 - Suicide Awareness Month 5K
 - More details and logistics to be discussed in upcoming meetings
- Next meeting Wednesday, July 1st
- *The United Project* - Cole Siebels
 - Political issues have divided and polarized us as a society over the past 5 years
 - Beyond disagreement, disliking human beings for what they believe in
 - Belief that face-to-face conversations heal division
 - Doing what's best for the collective whole, at the end of the day we're all Americans
 - Significant change needs to be made, Political organization bridging the divide
 - Cole to conduct a virtual workshop in the fall, September or October
 - Hobby Instagram account, @the_united_project, Founded July 21, 2020, No original intentions to expand, Small following originally, Now collaborating with other organizations, Looking to expand in the near future with release of new application
 - Official .us website, <https://www.theunitedproject.us/>
 - Contact via phone: (315)-955-5997, or via email: theunitedproject266@gmail.com
 - Partnerships: Listen First Project Coalition (<https://www.listenfirstproject.org/>), "America Talks" Initiative, 6,000+ registered), Stair Party (Third Party, Centrist), Yap Politics (<https://yappolitics.com/>), Interactive educational platform for student debate, political

discourse app for discussions)

- Goals for In-Person Action: Moderated debates (Better Angels Society), Classroom programming implemented at Gouverneur High School in the near future
- Goals for Virtual Action: Debates on Instagram and Yap Politics App, Informational press releases, Mailing lists, Goals to create a podcast
- Meeting Adjourned: 4:44 pm

July SLC Youth Committee Meeting Minutes

Tuesday, July 21, 2021

Meeting called to order: 1:31 pm

Attendance: Alexa Backus, Abby Hughes, Casey Jones, Amber Sullivan, Mattie Lomoglio, Adam Simmons, Christopher Rodriguez

Approval for June Meeting Minutes (Motion to Approve: Mattie, Second: Abby)

- Youth Bureau Summer 2021 Interns
 - Abby Hughes, Amanda Woods, Christopher Rodriguez, Andrew Demers, Elias Snyder, Tavon Hubbard
 - Current Initiatives: Government Department Interviews, Social Media Content, Monthly Newsletter, New Member Recruitment for Upcoming School Year, Peer Mentoring Programming
 - Drew and Abby went to Heuvelton Central School to work with 1st through 6th graders in the Social and Emotional Learning (SEL) Summer Program, will return for the next couple Wednesday mornings with new projects and activities
- Interns working on August newsletter, welcome new content from Youth Committee
 - Content Ideas for September back to school edition of newsletter
- St. Lawrence County Suicide Coalition asked if teen committee interested in partnering for Suicide Awareness 5K in September
 - Saturday, September 18th, 25th, or October 2nd
 - Remington Trail, 3.12 miles already marked
 - Trailhead tables and small tents
 - Youth Bureau can fund T-Shirts
- Next meeting: Wednesday, August 18th at 1:30 pm

Meeting Adjourned: 1:57 pm

August SLC Youth Committee Meeting Minutes Wednesday, August 18, 2021

Meeting called to order: 1:32 pm

Attendance: Alexa Backus, Abby Hughes, Cole Siebels, Adam Simmons, Chris Rodriguez, Rebekah Zuhlsdorf

- Summer Intern Chris Rodriguez gives updates on what he's been working on at the Youth Bureau
 - Peer Support Group
 - Social Media Content, Theme Days
 - YB Monthly Newsletter Content with YB Intern Tavon
 - Summer Intern Abby Hughes gives updates as well
 - Virtual Support Ideas
 - Youth Committee Recruitment Emails
 - Suicide Awareness Coalition 5K Walk to be held next year due to Delta Variant spread
 - SEL Group at Heuvelton
 - Networking for County Tours
 - Brainstorming of upcoming activities and initiatives at next meeting in September
 - Abby and Drew to return later in the school year at some point to give tips and advice to high school upperclassmen on their experience with college applications/acceptances/attendance
 - Next meeting: Wednesday, September 15th at 4 pm or 7 pm
 - Doodle Poll on Tuesday, September 7th to decide best time
- Meeting Adjourned: 1:55 pm

September SLC Youth Committee Meeting Minutes

Tuesday, September 15, 2021

Meeting called to order: 7:04 pm

Attendance: Alexa Backus, Rebekah Zuhlsdorf, Casey Jones, Adam Simmons, Mattie Lomoglio, Amanda Woods

Guest: Elias Snyder, Elif Cetinkaya, Evan Kedar, Jay Baycura,

Approval for June Meeting Minutes: Motion to Approve: Amanda, Second: Mattie

- Welcome to the St. Lawrence County Youth Committee
 - Introductions
 - 2021-2022 Officers: Chairman, Vice Chairman, Secretary
- Brainstorming Activities and Initiatives, for the 2021-2022 School Year
 - Pj's for Christmas, a Santa event with arts/crafts, RED (Remember Everyone Deployed Program), Angle Tree, Donations for teachers with school supplies, Partner with DSS on gift drive, Mental Health fundraiser, Bottle drive.
- Monthly Newsletter Content
 - Content due by Wednesday September 29th for October Edition
 - Topic and articles
 - Calendar of Events
- September/October Virtual Suicide Awareness Walk
 - Partnership with St. Lawrence County Suicide Coalition
 - Virtual Suicide Awareness 5K
- Teen Talk-Teen Virtual Leadership Summit
- "It's Real: Teens and Mental Health" Train the Trainer
 - Sandra Goldmeer, Area Director
 - American Foundation for Suicide Prevention
- Meeting Wrap Up
 - Review actions to be taken
 - Next meeting Wednesday, October 20th 4 or 7 pm
 - Doodle Poll to be sent on Monday, October 4th to capture time
 - Next meetings – November 17th and December 15th
- Meeting adjourned 8:02 PM

September SLC Youth Committee Meeting Minutes

Tuesday, October 20, 2021

Meeting called to order: 4:05 pm

Attendance: Alexa Backus, Rebekah Zuhlsdorf, Adam Simmons, Cole Siebels, Amanda Woods, Andrew Demers

Approval for June Meeting Minutes: Motion to Approve: Amanda, Second: Cole

- Welcome to the St. Lawrence County Youth Committee
 - Introductions
 - 2021-2022 Officers: Chairman, Vice Chairman, Secretary
 - Cole would like to continue as Chairman, Amanda interested in Vice Chairman if it becomes available. Secretary position is also vacant.
- Brainstorming Activities and Initiatives, for the 2021-2022 School Year
 - Pj's for Christmas, a Santa event with arts/crafts, RED (Remember Everyone Deployed Program), Angle Tree, Donations for teachers with school supplies, Partner with DSS on gift drive, Mental Health fundraiser, Bottle drive.
- Monthly Newsletter Content
 - Content due by Friday October 29th for November Edition
 - Topic and articles
 - Would like teens to provide some content for the newsletter
 - Calendar of Events
 - November 11th, Veterans Day
 - November 13th, World Kindness Day
 - November 15th, America Recycles Day
 - November 17th, World Peace Day
 - November 25th, Thanksgiving Day
- September/October Virtual Suicide Awareness Walk
 - Partnership with St. Lawrence County Suicide Coalition
 - Virtual Suicide Awareness 5K
 - Over 790,000 Steps have been recorded so far
 - Ends next Wednesday, October 27th
 - Pictures and content needed
 - Totes for participation
- Teen Talk-Teen Virtual Leadership Summit – JC Pohl
 - Tentative date Tuesday, November 30th 7-8:30 PM
 - Every Youth Committee member is expected to bring teens to the virtual event
- Cole Siebels – Virtual Workshop in November
 - Partnership with Board of Elections
 - Importance of Civility
 - Ways to heal the national divide
 - Accepting differences
 - Difference in opinion doesn't mean people have to be enemies

November SLC Youth Committee Meeting Minutes Wednesday, November 17, 2021

Attendance: Cole Siebels, Amanda Woods, and Mattie Lomoglio
Alexa Backus, Rebekah Zuhlsdorf, and Adam Simmons

Guest: Cassidy Hu

Meeting called to order: 4:04 pm

Approval for October Meeting Minutes: Motion to Approve: Amanda, Second: Cole
New/Old Business & Updates

- **Welcome to the St. Lawrence County Youth Committee**

- Introductions
- 2021-2022 Officers; Chairman, Vice Chairman, Secretary
- Opportunities and Responsibilities from every high school in SLC
- 2022 Vision
- Suicide Awareness and Prevention in St. Lawrence County
- WPBS Documentary
- Partnership with area schools including Heuvelton and Potsdam
- Youth Committee to facilitate conversation and workshops
- Youth Committee launches PR campaign
- **Brainstorming Activities and Initiatives-Follow up**
- Monthly Newsletter Content
- Content due by Tuesday, November 30th for December edition
- Thank you to Mattie L. for her article submission for November's issue
- September/October Virtual Suicide Awareness Walk
- Partnership with St. Lawrence County Suicide Coalition
- Virtual Suicide Awareness 5K
- Ended on October 27th
- 500 Miles/1.2 million steps recorded
- Sweatshirt totes and certificates mailing out this week
- Teen Talk-Teen Virtual Leadership Summit-JC Pohl
- Tuesday, November 30th 7-8:30 pm via Zoom
- You must register online
- Flyers and video available
- Every YC member is expected to bring teens to the virtual event
- December Holiday Card Drive
- We are accepting hand-made student holiday cards for older adults facing loneliness this holiday season
- All cards must be turned into the Youth Bureau no later than Friday, December 10th
- Meeting Wrap Up
- Review actions to be taken
- Next meeting Wednesday, December 15th 4 or 7 pm
- Doodle Poll to be sent on Wednesday, December 1st to capture best meeting time
- **Meeting adjourned @ 4:47 pm**

December SLC Youth Committee Meeting Minutes Wednesday, December 29, 2021 @ 11 am

Attendance: Cole Siebels, Amanda Woods, Elias Snyder, Ashley McKinley, and Mattie Lomoglio
Alexa Backus, Rebekah Zuhlsdorf, Nicole Terminelli, and Zachary Monroe

Meeting called to order: 11:03 am

New/Old Business & Updates

● Welcome to the St. Lawrence County Youth Committee

- Introductions
- Ashley McKinley, Sophomore @ Colton Pierrepont Central School
- 2021-2022 Officers Chairman-Cole Siebels, Vice Chairman, Secretary
- Amanda Woods elected as Vice Chairman. Cole Siebels motioned, Second by Mattie Lomoglio, all in favor
- Will vote on Secretary in January
- If anyone is interested, let Alexa know
- Opportunities and Responsibilities
- Student representation from every high school in SLC
- 2022 Vision
- Suicide Awareness and Prevention in St. Lawrence County
- WPBS Documentary
- Youth Committee high school students to facilitate conversation-town hall meeting
- Partnership with US Attorney's Office
- Sextortion and Suicide Prevention
- Youth Committee launches PR campaign
- **2022 Meeting days and times**
- Suggestions
- Attendees agreed that during the school year it would be easier for them to attend meetings on a Sunday afternoon.

Brainstorming Activities and Initiatives-Follow Up

● Monthly Newsletter Content

- Submit articles, pictures, poetry to the Youth Bureau. Contact us for idea, topics, and suggestions

● Teen Talk-Teen Virtual Leadership Summit-JC Pohl

- Tuesday, November 30th 7-8:30 pm via Zoom
- Well received, Poorly attended
- Feedback - Enjoyed the breakout rooms, and meeting new people and perspectives. Fun to learn and a calm way to end the day. The speaker was good and provided a lot of information on daily life tips and how to manage stress and problem solve.

● December Holiday Card Drive

- Many cards were received and disbursed
- Partners with the Office for the Aging and Hospice.
- Zachary received phone calls of how appreciative and grateful patients and families were for the holiday cheer.

● 4-H Duffle Bag Service Project

○ To drop off at Potsdam Civic Center Tuesday, January 4th at 6:30 pm- Downstairs where library bookstore is located

■ If anyone is available to assist, let Alexa know

● **Virtual Workshop/Presentation by Cole Siebles**

○ Difference in opinion doesn't mean people have to be enemies

○ Ways we can lessen political polarization

○ Effective listening and communication skills

● **2022 Trash Dash**

○ In April around Earth Day

Meeting Wrap Up

● Review actions to be taken

● Next Meeting Sunday, January 23rd, 2022

Meeting Adjourned @ 11:40 am