



**PARTNERS 4 SUBSTANCE
USE PREVENTION**

**MENTAL HEALTH
& SUBSTANCE USE**

Resource Guide

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24/7 Crisis Support Hotlines

Agency	Contact Number
Reachout of St. Lawrence County	(315) 265-2422
Renewal House	(315) 379-9845
Citizens Advocates	(518) 483-3261

*If you ever have a medical emergency,
please dial 911.*

Detox Services

Agency	Population	Location	Contact	What do you need when you call?
St. Lawrence Health System	Adults Only	Gouverneur	(315) 261-5969	Name of referral, date of birth, last use of substance (amount & type), phone number, medical health info <i>Please Indicate If pregnant</i>
Crouse Hospital	Adults (with limited services for children)	Syracuse	(315) 470-8304	Nothing (will assist with whatever you need)

Inpatient Rehabilitation

Agency	Population	Location	Contact	What do you need when you call?
Crouse Hospital	Adults (with limited services for children)	Syracuse	(315) 470-8304	Nothing (will assist with whatever you need)
SLC Addiction Treatment Center	Adults	Ogdensburg	(315) 393-1180	Name, social security number, address, phone number, insurance ID#, medical health info, current medications
St. Lawrence Health System	Adults	Potsdam	(315) 261-5954	Name of referral, date of birth, last use of substance (amount & type), phone number, insurance ID number
St. Joseph's Rose Hill	Children & Youth Only	Massena	(315) 764-9700	Need referral first from any outpatient services, primary care doctor, or court mandate before receiving services

Inpatient Rehabilitation

Agency	Population	Location	Contact	What do you need when you call?
St. Joseph's	Adults Only	Saranac Lake	(518) 891-4135	Need referral first from any outpatient services, primary care doctor, or court mandate before receiving services
St. Joseph's	Veterans Only	Saranac Lake	(844) 891-8387	
Partridge House	Native Americans Only	Akwesasne	(518) 358-2223	Referral may come from hospital, will need to be registered with the Tribe and know date of birth

Outpatient Treatment

Agency	Population	Location	Contact	What do you need when you call?
Crouse Hospital	Adults (with limited services for children)	Syracuse	(315) 470-8304	Nothing (will assist with whatever you need)
St. Lawrence Health System	Youth, Adults, people impacted by substance use disorder	Potsdam	(315) 353-2572	Name of referral, date of birth, last use of substance (amount & type), phone number <i>Please Indicate If pregnant</i>
St. Lawrence Health System	Youth, Adults, people impacted by substance use disorder	Gouverneur	(315) 261-6333	Name of referral, date of birth, last use of substance (amount & type), phone number <i>Please Indicate If pregnant</i>
St. Joseph's In Community Services Program	Youth & Adults	Massena	(315) 705-6564	Name, date of birth, address, phone number, insurance information

Outpatient Treatment

Agency	Population	Location	Contact	What do you need when you call?
Citizens Advocates	Youth & Adults	Massena Malone Saranac	(315) 764-8076	Name, date of birth, address, phone number, social security number
St. Regis Mohawk A/CDP	Native Americans Only	Akwesasne	(518) 358-3141	Need to be registered with the Tribe and know date of birth
SLC Community Services	Children & Adults	Canton Gouverneur Massena Ogdensburg	(315) 386-2189	Name, address, date of birth, phone number

Intensive Outpatient Services

Agency	Population	Location	Contact	What do you need when you call?
St. Lawrence Health System	Adults	Potsdam	(315) 353-2572	Name, date of birth, address, phone number, last use of substance (amount and type) <i>Please indicate if pregnant</i>

Mental Health Outpatient Services

Agency	Population	Location	Contact	What do you need when you call?
St. Lawrence Health System	Children & Adults	Potsdam (2 clinics)	(315) 261-5420 (315) 261-5405	Name, date of birth, address, phone number
St. Lawrence Health System	Children & Adults	Gouverneur	(315) 261-5407	Name, date of birth, address, phone number
SLC Community Services	Children & Adults	Canton	(315) 386-2048	Name, date of birth, address, phone number
St. Lawrence Psychiatric Center	Children & Adults	Ogdensburg Massena Gouverneur	(315) 541-2001	Need to have a referral from a hospital first

Mental Health Outpatient Services

Agency	Population	Location	Contact	What do you need when you call?
Mosaic Behavioral Health Clinic	Children & Adults <i>*Canton clinic specializes in children</i>	Ogdensburg Canton	(315) 541-3042 (315) 386-0264	Name, date of birth, address, phone number
Community Health Center of the North Country	Children & Adults	Canton Ogdensburg Gouverneur Malone	(315) 379-8100	Name, date of birth, address, phone number
Massena Wellness Center	Children & Adults	Massena	(315) 769-8441	Name, date of birth, address, phone number
Gouverneur Wellness Center	Children & Adults	Gouverneur	(315) 287-2811	Name, date of birth, address, phone number

Mental Health Outpatient Services

Agency	Population	Location	Contact	What do you need when you call?
Ogdensburg Wellness Center	Children & Adults	Ogdensburg	(315) 394-0101	Name, date of birth, address, phone number
Citizens Advocates	Youth & Adults	Massena Malone Saranac	(315) 764-8076	Name, date of birth, phone number, address, social security number
Claxton Hepburn Medical Center	Children & Adults	Ogdensburg	(315) 713-5720	Name, address, date of birth, phone number, insurance information
Mental Health Counseling Services	Children & Adults	Potsdam	(315) 268-0264	Insurance info, date of birth, address, reason for seeking services

Mental Health Inpatient Services

Agency	Population	Location	Contact	What do you need when you call?
Claxton Hepburn Medical Center	Adults	Ogdensburg	(315) 393-3600	Accepts voluntary, involuntary and emergency adult admissions
St. Lawrence Psychiatric Center	Children & Adults	Ogdensburg	(315) 541-2001	Needs to have a referral from a hospital first

Peer Services

Agency	Population	Location	Contact	Services Provided and/or Connected With
<p style="text-align: center;">Northern Regional Center for Independent Living (NRCIL)</p>	<p style="text-align: center;">Children & Adults</p>	<p style="text-align: center;">Ogdensburg (county wide)</p>	<p style="text-align: center;">(315) 785-8703 ext. 236</p>	<ul style="list-style-type: none"> • Behavioral & Mental Health Support • Housing Information • Benefits Assistance • Individual Advocacy <ul style="list-style-type: none"> • Self Help Groups • Family Support • Parent Training • Employment Advisement • Education Advisement <ul style="list-style-type: none"> • Peer Support • Information & Referral • Help transitioning back into the community

Peer Services

Agency	Population	Location	Contact	Services Provided and/or Connected With
Community Health Center of the North Country	Children & Adults	Gouverneur Canton (county wide)	(315) 379-8100 (315) 535-1300	<ul style="list-style-type: none"> • Counseling • Mental Health • Support Groups • Rehabilitation • Chemical Dependency • Employment Assistance <ul style="list-style-type: none"> • Primary Care • Food Assistance • WIC Program • Health Insurance Assistance
The Valley Recovery Center	Adults	Ogdensburg	(315) 713-4861	<ul style="list-style-type: none"> • Connects recovery support services to individuals, families and the community
Seaway Valley Prevention Council	Adults	Ogdensburg	(315) 713-4861	<ul style="list-style-type: none"> • Recovery Coaches to assist those seeking or currently in recovery <ul style="list-style-type: none"> • Family Support Navigation

Peer Services

Agency	Population	Location	Contact	Services Provided and/or Connected With
<p style="text-align: center;">39 Serenity Place</p>	<p style="text-align: center;">Adults</p>	<p style="text-align: center;">Massena</p>	<p style="text-align: center;">(315) 250-7410</p>	<ul style="list-style-type: none"> • Recovery or sober Clubhouse open to all • Hosts 12 Step meetings, AA, NA and Al-anon meetings
<p style="text-align: center;">SLC Community Services</p>	<p style="text-align: center;">Adults/ Adolescents</p>	<p style="text-align: center;">Canton</p>	<p style="text-align: center;">(315) 386-2189</p>	<p style="text-align: center;"><i>Peers:</i></p> <ul style="list-style-type: none"> • Exhibit competency in personal recovery and use of coping skills • Serve as a consumer advocate • Provide consumer info and peer support services for clients • Focus on engagement to try to link clients to needed services

Peer Services

Agency	Population	Location	Contact	Services Provided and/or Connected With
<p style="text-align: center;">Maximized Independent Living Choices (MILC)</p>	<p style="text-align: center;">Adults</p>	<p style="text-align: center;">Ogdensburg Massena (county wide)</p>	<p style="text-align: center;">(315) 764-9442</p>	<ul style="list-style-type: none"> • Independent Living Skills Training • Peer Mentoring • Benefits Assistance • Home Health Care <ul style="list-style-type: none"> • Housing • Health Insurance Assistance • WIC Assistance • SNAP Assistance
<p style="text-align: center;">Transitional Living Services of Northern New York</p>	<p style="text-align: center;">Children & Adults</p>	<p style="text-align: center;">Ogdensburg</p>	<p style="text-align: center;">(315) 782-1777</p>	<ul style="list-style-type: none"> • Children Case Management • Respite Care for Children

Peer Services

Agency	Population	Location	Contact	Services Provided and/or Connected With
Step By Step, Inc.	Adults	Ogdensburg	(315) 394-0597	<ul style="list-style-type: none"> • Case Management <ul style="list-style-type: none"> • Housing • Respite Care • Drop-In Center
Catholic Charities	Children Adult Support	Ogdensburg (county wide)	(315) 393-2660	<ul style="list-style-type: none"> • Counseling & Case Work • Children's Services Case Management • Parent Education • Crisis Pregnancy Prevention <ul style="list-style-type: none"> • Financial Assistance

Peer Services

Agency	Population	Location	Contact	Services Provided and/or Connected With
Maternal Wraparound Program	Pregnant Women	Gouverneur Canton Potsdam	(315) 261-6333	<ul style="list-style-type: none"> • Medication Assisted Treatment • Counseling Services • Prenatal & Primary Care • Breastfeeding Education • Peer Recovery Support <ul style="list-style-type: none"> • Family Support • Housing & Food • Transportation • Employment • Continuing Education <ul style="list-style-type: none"> • Child Care
ACR Health	Youth & Adults	Canton	(315) 386-4493	<ul style="list-style-type: none"> • Backpack Peer (offers safe syringe exchange) • Insurance Navigators <ul style="list-style-type: none"> • STI Testing • Housing & Family Support • Behavioral Health Serv. • Medical Transportation • Employment Assistance

Other Services

Agency	Population	Location	Contact	Services Provided and/or Connected With
North Country Freedom Homes	Adult Males	Canton	(315) 379-0139	Assists with residential services - need to be referred by inpatient services, detox or other agencies and engaged in outpatient services
Grace House	Women	Canton	(315) 386-3904	Assists with residential services - need to be referred by inpatient services, detox or other agencies and engaged in outpatient services
Transitional Living Services of Northern New York	Adults	Gouverneur Ogdensburg	(315) 782-1777	Assists with residential services - requires referral with recent psychiatric evaluation
211CNY	Anyone	Multi County Wide	Dial 211 or 1-844-245-1922 211cny.com	Search engine for finding multiple services throughout Central and Northern New York



(315) 386-2600

info@slcnypublictransit.com

6 Commerce Lane • Canton, NY 13617

St. Lawrence County Public Transit provides daily transportation throughout St. Lawrence County and only costs \$2.00 for a one-way ride.

- Obtain passes from any bus driver or at the Operations Center
 - Drivers cannot issue change. Exact fare is needed
 - Lost passes are NOT refundable, so keep them safe
 - Children under 3 ride for free

View the Transit Schedule at
www.slcnypublictransit.com



**Volunteer
Transportation
Center, Inc.**

(315) 714-2034

info@volunteertransportation.org

6587 US Highway 11 • Canton, NY 13617

The Volunteer Transportation Center provides essential rides to health, social, and other destinations for residents of Northern New York who have no other transportation alternatives.

For more information, please visit:

www.volunteertransportationcenter.org



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